



OPP RELAYS

2025

www.OPPRelays.org



**Welcome to the 63rd Annual
ORINDA PARK POOL (OPP) RELAYS
June 28, 2025**

The members of the Orinda Park Pool Swim Team are thrilled you have joined us at one of the most fun and exciting events of the swim season. The Park Pool Relays Meet was first held in 1961, four years after the first All-Orinda and a month before the first-ever County meet! This meet is certainly the oldest meet of its type in the area. Only the top five teams from the previous year's Orinda-Moraga Pool Association Championship are traditionally invited to join Orinda Park Pool in this all-relay meet.

We thank all of you for supporting and / or participating in today's meet and want to give a special thank you to Piper Lillquist, who will be singing our National Anthem.

Good luck to all the swimmers and have fun!

OPP RELAYS OFFICIALS

Swim Team Directors	Kristin Johnston & Sara Jayne Baldwin
Meet Director	Jeff DiBiase
Announcer	Joe Gaspardone
Head Starters	Dave Carney & Tim Hoskins
Head Stroke & Turn	Garrick Schmitt
Head Timer	Michael Linscheid
OPP Computer Director	Peter McCrae
Desk	Dennis Ventry
Records	Lisa Hales*
Parking Director	Steffen Durinck
Awards	Shannon Nicholls
OPP Relays Coordinators	Lia Flourney & Carlie Magill

**We also want to give a huge THANK YOU to Lisa Hales who continues to support the OPP Relays from afar, we couldn't run this event without you!*

COACHES

Orinda Park Pool (PARK):

Head Coach: Brad Allen
Senior Coaches: Quinn Cavalli, Aidan Vollmar, Erin Byrne, Jamo Wang
Assistant Coaches: Colin Kelley, Sean Spillane, Charlie Hallman

Meadow Swim & Tennis Club (MEAD):

Head Coach: Kyle Peterson
Senior Coaches: Gavin Pitt, Amanda Ferguson, Devon Byrne, Finn McManus, Katie Hayes, Ashley Williams, Ainsley Hogan, Sean Cunningham, Casey Yung

Moraga Country Club (MCC):

Head Coach: Kristen Cunnane
Senior Coaches: Cathay Durden, Carlie Poklinghorn, Andrea Keathley

Moraga Ranch Swim Club (MRSC):

Head Coaches: Marc Cavallero, Andie Nishimi, John Studebaker
Junior Coaches: Abby Campbell, Maya Eddy, Cole Helder, Lane Masa, Lila McCarthy

Orinda Country Club (OCC):

Head Coach: Steve Haufler
Senior Coaches: Morgan Leishman, Matt Estrada, Ethan Hall, Suzanne Kroger, Katie Pope, Colby Hatton, Reagan Kaelle, Ella Robinson, Ella Hoban, Camilla Schumacher, Adriana Smith, Rachel Klinker
Junior Coaches: Maeve McCashin, Emily Roberts, Jewel Mendiola, Will Leibowitz, Sophia Kuss, Taylor Stevens, Rowen Redford, Annie Raffetto, Ellie Blanchard, CJ McWhorter, Laird Delbridge, Charlie Holmes, Charlotte Shamia, Perrin Redford, Peter Kroger

Sleepy Hollow Swim & Tennis (SH):

Head Coach: Matt Ehrenberger
Assistant Head Coaches: Tony Ravnik, Kevin Honey, Beth Rodrigues
Senior Assistant Coaches: Kyle Berry, Emmie Appl
Junior Coaches: Ava Ranzal, Asha Spitzer, Bailey Ehrenberger, Bea Hearey, Brody Suba, Charlee Spence, Bianca Chiappone, Surya Spitzer, Jordan Silvestri, Ava Bell, Ana Shogun, Lucy Kerr, Penny White, Ryan Davalos, Savannah Welch, Sophie Baker, Carson Honey, Ellie Coyle, Frankie Cho, Jemima Hearey, Juliana Shurter, Lily Connors, Reese Nakamura

ORINDA PARK POOL RELAYS

June 28, 2025

WARM-UP SCHEDULE	
Orinda Park Pool	7:30-7:45
Sleepy Hollow Swim & Tennis	7:45-8:00
Moraga Ranch Swim Club	8:00-8:15
Moraga Country Club	8:15-8:30
Meadow Swim & Tennis	8:30-8:45
Orinda Country Club	8:45-9:00

ORDER OF EVENTS	
Events # 1-12	Medley Relay
Events #13-23	Butterfly Relay
Events #24-35	Breast to Back Relay
Events #36-47	Free Relay
Events #48-49	All Age (Progressive Relay)
Event #50-51	Parents' Free Relay
Events #52	Family Free Relay
Event #53	Coaches Medley Relay

2024 Meet Results		
Place	Team	Points
1	Orinda Country Club	521
2	Moraga Country Club	393
3	Sleepy Hollow Swim & Tennis	360
4	Meadow Swim & Tennis	342
5	Orinda Park Pool	301
6	Moraga Valley Pool	209

OPP RELAYS MEET RECORDS						
	6&Under		7-8		9-10	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Medley Relay	Miramonte Swim Club 1:31.88 MIRA 1990	Orinda Park Pool 1:30.48 PARK 1990	Sleepy Hollow 1:12.66 SH 2014	Meadow 1:09.93 MEAD 2001	Sleepy Hollow 2:14.42 SH 2016	Orinda Country Club 2:19.22 OCC 2009
Butterfly Relay	Orinda Country Club 1:29.08 OCC 1988		Sleepy Hollow 1:07.02 SH 2014	Meadow 1:08.16 MEAD 1991	Meadow 2:13.23 MEAD 2019	Moraga Country Club 2:15.20 MCC 1991
Breast to Back Relay	Miramonte Swim Club 1:42.81 MIRA 1990	Miramonte Swim Club 1:39.02 MIRA 1993	Orinda Country Club 1:18.76 OCC 2009	Miramonte Swim Club 1:16.10 MIRA 1997	Meadow 2:27.97 MEAD 2019	Orinda Country Club 2:33.89 OCC 2009
Free Relay	Orinda Country Club 1:19.78 OCC 1997	Orinda Park Pool 1:14.80 PARK 1994	Orinda Park Pool 1:03.60 PARK 1991	Meadow 1:01.66 MEAD 2001	Sleepy Hollow 2:01.13 SH 2016	Moraga Country Club 2:01.71 MCC 1991

OPP RELAYS MEET RECORDS						
	11-12		13-14		15-18	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Medley Relay	Orinda Country Club 2:02.69 OCC 2018	Meadow 2:03.77 MEAD 1998	Orinda Country Club 1:57.69 OCC 2014	Meadow 1:48.85 MEAD 2014	Orinda Park Pool 1:55.38 PARK 2013	Orinda Park Pool 1:40.43 PARK 2005
Butterfly Relay	Orinda Country Club 1:56.24 OCC 2013	Sleepy Hollow 2:00.34 SH 2014	Orinda Country Club 1:52.92 OCC 2014	Meadow 1:45.97 MEAD 2014	Orinda Park Pool 1:53.37 PARK 2013	Orinda Park Pool 1:38.63 PARK 2005
Breast to Back Relay	Orinda Country Club 2:09.32 OCC 2013	Orinda Country Club 2:13.21 OCC 2011	Orinda Country Club 2:05.20 OCC 2014	Meadow 2:01.27 MEAD 2013	Meadow 2:06.16 MEAD 2005	Orinda Country Club 1:49.15 OCC 2012
Free Relay	Orinda Country Club 1:48.10 OCC 2013	Orinda Country Club 1:48.24 OCC 2011	Orinda Country Club 1:44.99 OCC 2014	Meadow 1:35.29 MEAD 2014	Meadow 1:43.30 MEAD 2006	Meadow 1:28.68 PARK 2005

	GIRLS	BOYS
All Age Progressive Free Relay	Orinda Country Club 2:22.84 OCC 2014	Meadow 2:17.00 MEAD 1993
Parents Free Relay	Orinda Country Club 1:48.70 OCC 2009	Moraga Valley Pool 1:33.99 MVP 2017
Family Free Relay	Williams Family 48.69 MEAD 2022	
Coaches Medley Relay	Orinda Country Club 1:38.68 OCC 2024	
Most Outstanding Relay 2024	18&U Girls All-Age Free Relay Orinda Country Club 2:29.22 OCC 2024	9-10 Boys Medley Relay Moraga Country Club 2:19.93 MCC 2024

SCORING

Points will be awarded for six places as follows: 14-10-8-6-4-2, except for the All-Age Relay. The scoring for this special event will be 21-15-12-9-6-3. The Parents, Family and Coaches Relays are not scored. To facilitate the scoring of this year's meet with the OMPA meet manager program, if two teams have the exact same time (tie) in an event, they will each receive the average points for the place they tied for and the next lower place.

AWARDS

The winning team will receive a plaque to keep, and their name will be engraved on the perpetual trophy housed at OPP. Ribbons will be awarded for individual first, second and third places. Also, a Most Outstanding Boys Relay and Girls Relay will be chosen and awarded trophies. The Most Outstanding Relay Team is the team that breaks an existing meet record by the widest percentage margin or, if no records are broken, the relay team that is within the smallest percentage margin of a meet record.



PARKING ADVISORY

Ticketing and towing cars illegally parked in all areas near the pool is now more aggressive than ever with no warning given. If a car is parked in a manner that another car needs to cross the centerline to get around it, **IT WILL BE TOWED!** There will be 8 to 10 shuttles running throughout the meet and for one hour following the last event to transport people from shuttle bus stops to the pool. You should **drop off swimmers and their gear** at the front gate *after* circling the lot and proceed down El Toyonal to look for parking.

Where to Park:

Street/Location		Notes	Shuttle Pick Up
Bottom of El Toyonal	East side	Curb your wheels.	El Toyonal & Camino Pablo
Orinda Way	Both sides	Two hour maximum is waived until 2:00pm	Orinda Way & Camino Pablo
Camino Sobrante	Both sides	Do not park in the Safeway Parking lot	Camino Sobrante (Near Starbucks)
Side Streets of El Toyonal		Availability is limited. Allow for Emergency Vehicles to pass. Violators may be towed.	

Where to Not to Park (Risk of Ticketing & Towing):

Street/Location	Notes
El Toyonal above OPP	
Narrow parts of El Toyonal	Do not park so that another car needs to cross the center line to get around.
Rio Vista	
Camino Pablo - North of El Toyonal	
Camino Pablo - Bus Stop at El Toyonal	No parking extends 25 feet south of the bus sign. When in doubt, don't – a bus zone ticket is \$260.
Safeway Parking Lot	
Country Club Plaza Parking Lot	

Please help us preserve OPP's good relationship with its neighbors. We ask that you not walk through their yards on the way to and from your vehicle.

