

# OPP RELAYS 2022

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## Welcome to the 60th Annual ORINDA PARK POOL (OPP) RELAYS June 25, 2022

The members of the Orinda Park Pool Swim Team are thrilled you have joined us at one of the most fun and exciting events of the swim season. The Park Pool Relays Meet was first held in 1961, four years after the first All-Orinda and a month before the first-ever County meet! This meet is certainly the oldest meet of its type in the area. Only the top five teams from the previous year's Orinda-Moraga Pool Association Championship are traditionally invited to join Orinda Park Pool in this all-relay meet.

We thank all of you for supporting and / or participating in today's meet and want to give a special thank you to Amanda Turtle, who will be singing our National Anthem.

Good luck to all the swimmers and have fun!

## **OPP RELAYS OFFICIALS**

Tracee Schultz & Merideth Ostrer
Leigh Feusier
Joe Gaspardone
Dave Carney & Brad Deal
Garrick Schmitt
Mike Linscheid & Steve Swaney
Michael Lasmanis
Todd Walburg
Lisa Hales
Katie Branagh
Eny Lai
Kristin Johnston & Lia Flournoy

## **COACHES**

#### Orinda Park Pool (PARK):

Head Coach:Brad AllenSenior Coaches:Quinn Cavalli, Jameson Wang, Aidan Vollmar, Hector Chao

#### Meadow Swim & Tennis Club (MEAD):

Head Coach:Matt ArmaniniSenior Coaches:Kyle PetersonJunior Coaches:Eloise Anagnost, Helena Bardsley, Chris Bruen, Devon Byrne, Megan<br/>Chong, Grace Clark, Beth Daughters, Franny Daughters, Carson Dennis,<br/>Spencer Dennis, Amanda Ferguson, Ainsley Hogan, Carly Hoskins, Ava<br/>Jacuzzi, Grace Liu, Finn McManus, Degen Naldoza, Cayley O'Brien, Ana<br/>Pieper, Jack Pieper, Ashley Rodde, Tali Stryker, Sophia Swenson, Finn<br/>Taylor, Ashley Williams, John Williams, Louie Windhurst, Casey Yung

#### Moraga Ranch Swim Club (MRSC):

Head Coaches:	Marc Cavallero
Senior Coaches:	John Stduebaker, Andie Nishimi, Sophie Lurie
Junior Coaches:	Emelia Barck, Henrik Barck, Thatcher Cattell, Delaney Joyce, Kalena
	King, Sammie Lederle, Sophie Lederle, Dylan Merriman, Parker Smith,
	Evan Velek, Whitney Wilkalis

#### Moraga Valley Pool (MVP):

Head Coach(es):	Trevor Rose, Evan Fuller
Senior Coaches:	Will Fuller, Lily Reiner
Junior Coaches:	Caroline Battersby, James Guymon, Natalie Kurtz, Hailey Benson, Isabel
	Stice, Justin Cole, Kate Laudy, Logan Haines, Madeline Park, Marina
	Rago

#### Orinda Country Club (OCC):

Head Coach:	Steve Haufler
Senior Coaches:	Morgan Leishman, Jarod Hatch, Frances Pope, Scott Ruegg, Kyra
	Ruegg, Ryleigh Weight, Mackenzie Murphy

#### Sleepy Hollow Legends (SH):

Head Coach:	Matt Ehrenberger
Senior Coaches:	Tony Ravnik, Beth Rodrigues, Renee Andrews, Emmie Appl, Stephanie
	Dolan, Claire Rowell
Junior Coaches:	Chase Lenk, Tyler Lenk, Francesca Vasconi, Natalie Aiken, CeCe Cohen,
	Paige Nakamura, Emma Moltyaner, Daylor Williams, Alden Coate, Eliana
	Bottene, Bea Hearey, Stella Ahmady, Asha Spitzer, Ava Ranzal, Ben
	Lucas, Campbell Lovell

# ORINDA PARK POOL RELAYS June 25, 2022

WARM-UP SCHEDULE				
Orinda Park Pool	7:30-7:45			
Sleepy Hollow Legends	7:45-8:00			
Moraga Valley Pool	8:00-8:15			
Moraga Ranch Swim Club	8:15-8:30			
Meadow Swim & Tennis Club	8:30-8:45			
Orinda Country Club	8:45-9:00			

ORDER OF EVENTS				
Events # 1-12	Medley Relay			
Events #13-23	Butterfly Relay			
Events #24-35	Breast to Back Relay			
Events #36-47	Free Relay			
Events #48-49	All Age (Progressive Relay)			
Event #50-51	Parents' Free Relay			
Events #52	Family Free Relay			
Event #53	Coaches Medley Relay			

2019 Meet Results				
<u>Place</u>	Team	Points		
1	Orinda Country Club	470		
2	Meadow Swim & Tennis Club	437		
3	Moraga Valley Pool	420		
4	Orinda Park Pool	350		
5	Sleepy Hollow Legends	335		
6	Moraga Country Club	150		

OPP RELAYS MEET RECORDS						
	6&U	nder	7-8		9-10	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Medley Relay	Miramonte <b>1:31.88</b> MIRA 1990	Orinda Park Pool <b>1:30.48</b> PARK 1990	M.McDonald, N.Aiken, L.Menard, M.Appl <b>1:12.66</b> SH 2014	Meadow <b>1:09.93</b> MEAD 2001	M.Appl, M.McDonald, N.Aiken, A.Satterfield <b>2:14.42</b> SH 2016	S.Schmidt, T.Fellner, J.Winther, M.Presten <b>2:19.22</b> OCC 2009
Butterfly Relay	1:29 00	ountry Club 9.08 CC 988	M.McDonald, N.Aiken, L.Menard, M.Appl <b>1:07.02</b> SH 2014	Meadow <b>1:08.16</b> MEAD 1991	A.Knutson, S.Lurie, L.Yung, L.Holloway <b>2:13.23</b> MEAD 2019	Moraga Country Club <b>2:15.20</b> MCC 1991
Breast to Back Relay	Miramonte Swim Club <b>1:42.81</b> MIRA 1990	Miramonte Swim Club <b>1:39.02</b> MIRA 1993	Orinda Country Club <b>1:18.76</b> OCC 2009	Miramonte Swim Club <b>1:16.10</b> MIRA 1997	S.Lurie, L.Yung, A.Knutson, L.Holloway <b>2:27.97</b> MEAD 2019	T.Fellner, M.Ruegg, M.Presten, S.Schmidt <b>2:33.89</b> OCC 2009
Free Relay	Orinda Country Club <b>1:19.78</b> OCC 1997	Orinda Park Pool <b>1:14.80</b> PARK 1994	Orinda Park Pool <b>1:03.60</b> PARK 1991	Meadow <b>1:01.66</b> MEAD 2001	A.Satterfield, M.McDonald, M.Appl, N.Aiken <b>2:01.13</b> SH 2016	Moraga Country Club <b>2:01.71</b> MCC 1991

OPP RELAYS MEET RECORDS						
	11	-12	13-14		15-18	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Medley	P. Gray,	Meadow	S.Kosturos,	M.Dakis,	C.Hamilton,	R.Anderson,
Relay	T. Stryker,	2:03.77	K.Drake,	E.O'Brien,	M.Tagg,	M.Gilhuly,
Relay	E. Butler,	MEAD	K.Lyons,	M.Younger,	E.Eppley,	D.Schultz,
	J. Hagglund	1998	K.Larsen	S.Ayers	K.Latimer	G.Allen
	2:02.69		1:57.69	1:48.85	1:55.38	1:40.43
	OCC		OCC	MEAD	PARK	PARK
	2018		2014	2014	2013	2005
Butterfly	R.Hagglund,	W.Taner,	S.Kosturos,	M.Dakis,	N.Navo,	D.Schultz,
Relay	E.Engs,	D.Bradley,	K.Drake,	S.Ayers,	E.Eppley,	K.Railsback,
Relay	S.Kosturos,	A.Bradley,	R.Hagglund,	E.O'Brien,	M.Tagg,	G.Allen,
	C.Wu	G.Meckfessel	C.Wu	M.Younger	C.Hamilton	A.Bluhm
	1:56.24	2:00.34	1:52.92	1:45.97	1:53.37	1:38.63
	OCC	SH	OCC	MEAD	PARK	PARK
	2013	2014	2014	2014	2013	2005
Breast to	R.Hagglund,	S.Schmidt,	S.Kosturos,	M.Dakis,		C.Wiser,
Back	C.Wu,	T.Fellner,	K.Drake,	S.Ayers,	Meadow	K.Weikert,
Relay	E.Engs,	M.Dakis,	K.Larsen,	M.Younger,	2:06.16	Z.Paxton,
Пенау	S.Kosturos	T.Abramson	C.Wu	S.Wu	MEAD	J.Fellner
	2:09.32	2:13.21	2:05.20	2:01.27	2005	1:49.15
	OCC	OCC	OCC	MEAD		000
	2013	2011	2014	2013		2012
Free	R.Hagglund,	M.Dakis,	C.Wu,	M.Dakis,	E.Friedmann,	R.Anderson,
Relay	E.Engs,	S.Schmidt,	K.Lyons,	E.O'Brien,	C.lvry,	K.Railsback,
Itelay	S.Kosturos,	T.Fellner,	S.Kosturos,	M.Younger,	S.lvry,	D.Schultz,
	C.Wu	T.Abramson	K.Drake	S.Ayers	K.Sanguinetti	G.Allen
	1:48.10	1:48.24	1:44.99	1:35.29	1:43.30	1:28.68
	OCC	OCC	OCC	MEAD	MEAD	PARK
	2013	2011	2014	2014	2006	2005

	GIRLS	BOYS				
All Age	Orinda Country Club	Meadow				
Progressive	2:22.84	2:17.00				
Free	OCC	MEAD				
Relay	2014	1993				
Parents	Orinda Country Club	Moraga Valley Pool				
Free	1:48.70	1:33.99				
Relay	OCC	MVP				
	2009	2017				
Coaches		untry Club				
Medley	1:40	0.15				
Relay		OCC				
	20	2013				
Family	Schnug	Schnugg Family				
Free		49.22				
Relay		PARK				
	20	14				
Most	9-10 Girls BrsttoBck Relay	9-10 Boys Free Relay				
Outstanding	Samantha Lurie,	JT Goett,				
Relay	Lily Yung,	Noah Van Olst,				
2019	Amelia Knutson,	Jake Pinedo,				
	Lily Holloway	Ellis F Culleton				
	2:27.97	2:05.00				
	MEAD	MCC				

### **SCORING**

Points will be awarded for six places as follows: 14-10-8-6-4-2, except for the All Age Relay. The scoring for this special event will be 21-15-12-9-6-3. The Parents, Coaches and Family Relays are not scored. In order to facilitate the scoring of this year's meet with the OMPA meet manager program, if two teams have the exact same time (tie) in an event, they will each receive the average points for the place they tied for and the next lower place.

## <u>AWARDS</u>

The first place team will win possession of the perpetual trophy until next year's meet. The winning team will also receive a plaque to keep. Rosette ribbons will be awarded for individual first, second and third places. Also, a Most Outstanding Boys Relay and Girls Relay will be chosen. The Most Outstanding Relay Team is the team that breaks an existing meet record by the widest percentage margin or, if no records are broken, the relay team that is within the smallest percent margin of a meet record.

## PARKING

Please be advised that the Orinda Police Department has been **very** aggressive about ticketing and towing cars. All cars must be parked in designated areas only, in order to maintain emergency vehicle access to residents on El Toyonal. We ask that swimmers be dropped off at the pool with their belongings, prior to parking, to keep things moving as efficiently as possible. Shuttles will operate throughout the meet and until 60 minutes after the last event.

**Please carpool, if possible**. We want this meet to be filled with fun and laughter, not the frustration and annoyance that can result from ticketing and towing.

