



OPP RELAYS

2015

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**Welcome to the 55th Annual
ORINDA PARK POOL RELAYS
July 11, 2015**

The members of the Orinda Park Pool Swim Team are thrilled you have joined us at one of the most fun and exciting events of the swim season. The Park Pool Relays Meet was first held in 1961, four years after the first All-Orinda and a month before the first-ever County meet! This meet is certainly the oldest meet of its type in the area. Only the top five teams from the previous year's Orinda-Moraga Pool Association Championship are traditionally invited to join Orinda Park Pool in this all-relay meet.

We thank all of you for supporting or participating in today's meet and want to give a special thank you to **Natalie Ung & Adriana Smith**, who will be singing our National Anthem. Good luck to all the swimmers and have fun!

OPP RELAYS OFFICIALS

Swim Team Director	Rachel Shigekane
Meet Director	Mark Davis
Announcers	Joe Gaspardone & Jack Kelly
Head Starter	Jon Supran
Head Stroke & Turn	Charlie Vollmar
Head Timer	Eileen King
OPP Computer Director	Matthew Nichelini
OPP Relay Meet Computer Lead	Lianne Voelm
Desk	Austin Linnane & Sarah Layton
Records	Tom Morgan
Awards	Nancy Ung
OPP Relays Co-Coordiators	Colleen Caulfield & Ann Zollicoffer

COACHES

Orinda Park Pool (PARK):

Head Coach: Brad Allen
Technical Director: Jesus Salcedo
Senior Coaches: Quinn Cavalli
Assistant Coaches: Sarah Downum, Gaelen Faulkner, Andrew Furtado, Julia Furtado, Maddie Goodreault, Claire Hamilton, Erin Schoenfeld, Molly Schoenfeld
Junior Coaches: Emily Byrne, Dominique Clark, Nick Latimer, Julia Meckes, Kathryn Peterson, Madison Tagg, Spencer Tagg

Meadow Swim & Tennis Club (MEAD):

Head Coach: Matt Armanini
Senior Assistant Coaches: Deanna Chen, Kyle Peterson, Dave Schurhoff
Senior Coach: Laurie Simon
Junior Coaches: Marin Bommarito, Zoe Bommarito, Carson Broad, Lucy Burcham, Martha Castro, Kathryn Chen, Alexa Clark, Will Clark, Caitlin Goldsmith, Jacob Goldsmith, Kristen Hong, Callan Hoskins, Aidan Jacuzzi, Cullen Jacuzzi, Nicole LaCour, Emily Lescure, Eli O'Brien, Molly Pines, Gavin Pitt, Noelle Robbins, Kyra Rossiter, Grace Tahaney, Rose Tuttle, Max Yonger, Kelly Zheng

Moraga Country Club (MCC):

Head Coach: Marc Cavallero
Assistant Head Coaches: Oliva Fountain, Sean Mason, John Studebaker
Senior Coaches: Matt Gong, Katie Lee, Cessie Nishimi, Allison Stevens

Moraga Valley Pool (MVP):

Head Coach: Trevor Rose
Assistant Head Coach: Tatiana Gessling
Senior Coach: Andrew Meadows
Junior Coaches: Rosie Chester, Arden Creson, Elizabeth Eddy, Evan Fuller, Ashley Logan, Maya Miramontes, Kelly Peyovich, Meghan Rogers, Kathryn Silveira, Ryan Sitar, Hannah Witbeck

Orinda Country Club (OCC):

Head Coach: Steve Haufler
Senior Coaches: Alex Bing, Kaylin Bing, Dave Brown, Tiffany Forbes, Spencer Hawkins

Sleepy Hollow Legends (SH):

Head Coaches: Matt Ehrenberger, Kevin Honey
Senior Assistants: Mary Anderson, Anthony Estrada, Tony Ravnik Beth Rodriques
Assistants: Sven Campbell, Michael Citron, Katie Gibbs, Tyler Kirchberg
Junior Assistants: Bradley Berkman, Abby Meckfessel, Ellie Reed, Mariel Salem, Kirsten Sibley
Junior Coaches: Avery Hansen, Freidi Maag, Kate Minden, Kelly Murphy, Annika Walker, Zoe Zabetian

ORINDA PARK POOL RELAYS

July 11, 2015

WARM-UP SCHEDULE

Orinda Park Pool	7:30-7:45
Moraga Valley Pool	7:45-8:00
Moraga Country Club	8:00-8:15
Meadow Swim & Tennis Club	8:15-8:30
Orinda Country Club	8:30-8:45
Sleepy Hollow Legends	8:45-9:00

ORDER OF EVENTS

Events # 1-12	Medley Relay
Events #13-23	Butterfly Relay
Events #24-35	Breast to Back Relay
Events #36-47	Free Relay
Events #48-49	All Age (Progressive Relay)
Events #50-51	Parents' Free Relay
Event #52	Coaches Medley Relay
Event #53	Family Relay

2014 Meet Results

Place	Team	Points
1	Orinda Country Club	499
2	Sleepy Hollow Legends	454
3	Orinda Park Pool	405
4	Meadow Swim & Tennis Club	317
5	Moraga Country Club	298
6	Moraga Valley Pool	195

OPP RELAYS MEET RECORDS

	6&Under		7-8		9-10	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Medley Relay	Miramonte 1:31.88 MIRA 1990	Orinda Park Pool 1:30.48 PARK 1990	M.McDonald, N.Aiken, L.Menard, M.Appl 1:12.66 SH 2014	Meadow 1:09.93 MEAD 2001	A.Abramson, A.R.Brun, L.McAninch, E.Engs 2:17.50 OCC 2012	S.Schmidt, T.Fellner, J.Winther, M.Presten 2:19.22 OCC 2009
Butterfly Relay	Orinda Country Club 1:29.08 OCC 1988		M.McDonald, N.Aiken, L.Menard, M.Appl 1:07.02 SH 2014	Meadow 1:08.16 MEAD 1991	L.McAninch, A.R.Brun, S.McCandless, E.Engs 2:17.67 OCC 2012	Moraga Country Club 2:15.20 MCC 1991
Breast to Back Relay	Miramonte Swim Club 1:42.81 MIRA 1990	Miramonte Swim Club 1:39.02 MIRA 1993	Orinda Country Club 1:18.76 OCC 2009	Miramonte Swim Club 1:16.10 MIRA 1997	A.R.Brun, S.McCandless, E.Engs, L.McAninch 2:32.07 OCC 2012	T.Fellner, M.Ruegg, M.Presten, S.Schmidt 2:33.89 OCC 2009
Free Relay	Orinda Country Club 1:19.78 OCC 1997	Orinda Park Pool 1:14.80 PARK 1994	Orinda Park Pool 1:03.60 PARK 1991	Meadow 1:01.66 MEAD 2001	E.Engs, A.R.Brun, A.Abramson, L.McAninch 2:01.70 OCC 2012	Moraga Country Club 2:01.71 MCC 1991

OPP RELAYS MEET RECORDS						
	11-12		13-14		15-18	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Medley Relay	L.Weikert, S.Kosturos, K.Larsen, H.Neugebauer 2:03.03 OCC 2012	Meadow 2:03.77 MEAD 1998	S.Kosturos, K.Drake, K.Lyons, K.Larsen 1:57.69 OCC 2014	M.Dakis, E.O'Brien, M.Younger, S.Ayers 1:48.85 MEAD 2014	C.Hamilton, M.Tagg, E.Eppley, K.Latimer 1:55.38 PARK 2013	R.Anderson, M.Gilhuly, D.Schultz, G.Allen 1:40.43 PARK 2005
Butterfly Relay	Moraga Country Club 2:15.20 MCC 1991	W.Taner, D.Bradley, A.Bradley, G.Meckfesse I 2:00.34 SH 2014	S.Kosturos, K.Drake, R.Hagglund, C.Wu 1:52.92 OCC 2014	M.Dakis, S.Ayers, E.O'Brien, M.Younger 1:45.97 MEAD 2014	N.Navro, E.Eppley, M.Tagg, C.Hamilton 1:53.37 PARK 2013	D.Schultz, K.Railsback, G.Allen, A.Bluhm 1:38.63 PARK 2005
Breast to Back Relay	R.Hagglund, C.Wu, E.Engs, S.Kosturos 2:09.32 OCC 2013	S.Schmidt, T.Fellner, M.Dakis, T.Abramson 2:13.21 OCC 2011	S.Kosturos, K.Drake, K.Larsen, C.Wu 2:05.20 OCC 2014	M.Dakis, S.Ayers, M.Younger, S.Wu 2:01.27 MEAD 2013	Meadow 2:06.16 MEAD 2005	C.Wiser, K.Weikert, Z.Paxton, J.Fellner 1:49.15 OCC 2012
Free Relay	R.Hagglund, E.Engs, S.Kosturos, C.Wu 1:48.10 OCC 2013	M.Dakis, S.Schmidt, T.Fellner, T.Abramson 1:48.24 OCC 2011	C.Wu, K.Lyons, S.Kosturos, K.Drake 1:44.99 OCC 2014	M.Dakis, E.O'Brien, M.Younger, S.Ayers 1:35.29 MEAD 2014	E.Friedmann, C.Ivry, S.Ivry, K.Sanguinetti 1:43.30 MEAD 2006	R.Anderson, K.Railsback, D.Schultz, G.Allen 1:28.68 PARK 2005

	GIRLS	BOYS
All Age Progressive Free Relay	Orinda Country Club 2:22.84 OCC 2014	Meadow 2:17.00 MEAD 1993
Parents Free Relay	Orinda Country Club 1:48.70 OCC 2009	Orinda Country Club 1:34.02 OCC 2007
Coaches Medley Relay	Orinda Country Club 1:40.15 OCC 2013	
Family Free Relay	Schnugg Family 49.22 PARK 2014	
Most Outstanding Relay 2014	13-14 Girls Breast-to-Back S.Kosturos, K.Drake, K.Larsen, C.Wu 2:05.20 OCC	13-14 Boys Medley M.Dakis, S.Ayers, E.O'Brien, M.Younger 1:35.29 MEAD

SCORING

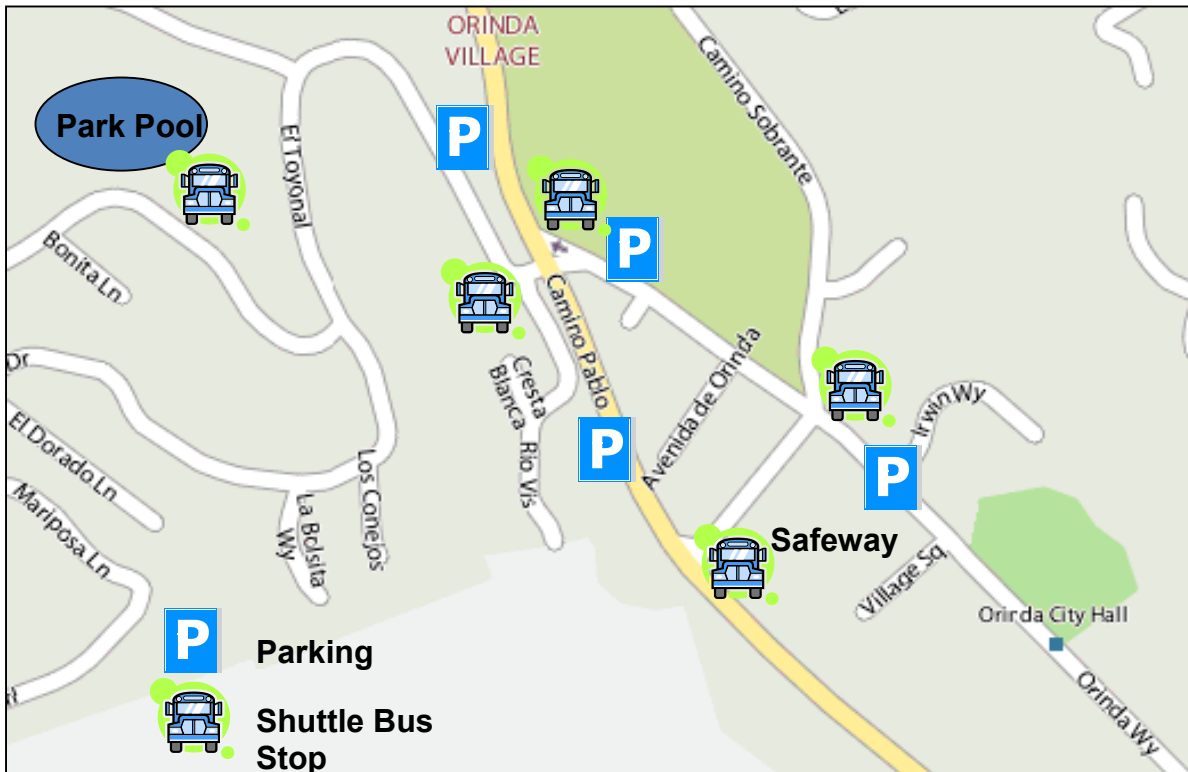
Points will be awarded for six places as follows: 14-10-8-6-4-2, except for the All Age Relay. The scoring for this special event will be 21-15-12-9-6-3. The Parents, Coaches and Family Relays are not scored. In order to facilitate the scoring of this year's meet with the OMPA meet manager program, if two teams have the exact same time (tie) in an event, they will each receive the average points for the place they tied for and the next lower place.

AWARDS

The first place team will win possession of the perpetual trophy until next year's meet. The winning team will also receive a plaque to keep. Rosette ribbons will be awarded for individual first, second and third places. Also, a Most Outstanding Boys Relay and Girls Relay will be chosen. The Most Outstanding Relay Team is the team that breaks an existing record by the widest percentage margin or, if no records are broken, the relay team that comes closest to breaking a record.

PARKING

Please be advised that the Orinda Police Department has been **very** aggressive about ticketing and towing cars. All cars must be parked in designated areas only in order to maintain emergency vehicle access to residents on El Toyonal. Shuttles and Orinda Taxi will operate throughout the meet and until 60 minutes after the last event.



Orinda Park Pool Café

Relay Breakfast Menu

(Breakfast served from 7:30 a.m. - 10 a.m.)

Breakfast Burrito w/ potatoes- eggs + cheese in a flour tortilla	\$5
Breakfast Burrito w/ Bacon –potatoes - eggs + cheese in a flour tortilla	\$6
Breakfast Bagel w/ Ham + cheddar cheese	\$6
Bagel w/ cream cheese	\$2.25
Fresh Fruit Cup	\$3.50
Muffin	\$2.25
Yogurt	\$1.75
Coffee / Tea	\$2
Hot Chocolate	\$2

Relay Lunch Menu

(Lunch served from 10 a.m. - 12 p.m.)

Jumbo Hot Dog – Kosher all beef hot dog	\$4
Grilled Chicken Apple Sausage	\$5
Cheese Burger grilled 1/3 lb burger w/ cheddar cheese	\$6
Veggie Burger grilled veggie burger w/ swiss cheese	\$5
Grilled Chicken Caesar Salad (w/ romaine – croutons – parm. cheese- side of Caesar dressing and grilled chicken)	\$8

Snacks and Beverages

Water	\$1
Smart / Sparkling Waters	\$2
Gatorade	\$2
Soda	\$1.25
Apple Juice	\$2
Chips / Candy	\$1.50
Large Gummies	\$2
Granola Bar	\$1
Lemonade	\$2

****** CASH ONLY ******