



2026 Rancho Colorados Swim Team

Position: Lead Assistant Coach

Overview

The Rancho Colorados Wahoos, located in Lafayette, CA, are seeking an enthusiastic and dedicated **Lead Assistant Coach** for the 2026 swim season. You'll report directly to our Head Coach, Adrian Lohse, who is entering his sixth season with the Rancho Colorados Wahoos. Adrian brings over 30 years of swim experience, ranging from learn-to-swim programs to National Championships. Under his expert guidance, you'll play a key role in helping our swimmers reach their full potential.

About Rancho Colorados

The Wahoos are a recreational and competitive team that emphasizes skill development, teamwork, and sportsmanship. Our swimmers range from age 4 to 18, and our community of families is passionate about supporting a fun, rewarding swim experience.

Main Areas of Responsibility & Job Requirements:

1. Practice Leadership
 - Assisting in the development and implementation of practice plans.
 - Leading specific drills or sets during practice sessions.
 - Ensuring that swimmers follow proper technique and form.
 - Lead age group practices daily.
 - Plan & Run dry land practice sessions.
2. Swimmer & Junior Coach Development:
 - Providing feedback and guidance to swimmers on their strokes, turns, and starts.
 - Monitoring swimmer progress and identifying areas for improvement.
 - Supporting swimmers in setting and achieving personal goals.
 - Deepen swim technique knowledge of the junior coaching staff.
 - Encourage junior coaching staff in and out of the water.
3. Meet Preparation and Management:
 - Assisting with the organization and logistics of swim meets, including lineups and event entries.
 - Offering on-deck support during meets, giving race strategies, and providing post-race feedback.
 - Encouraging team spirit and sportsmanship among swimmers.

4. Communication and Team Building:
 - Collaborating closely with the head coach and junior coaching staff.
 - Communicating effectively with swimmers, parents, and junior coaches.
 - Helping to foster a positive and supportive team culture
 - Participate in team building activities and socials
 - Assist the head coach with overall team season planning.
5. Safety and Supervision:
 - Ensuring a safe environment for all swimmers during practices and meets.
 - Being vigilant and prepared to respond to any emergencies or injuries.
 - Enforcing pool rules and maintaining discipline.
 - Helping with equipment management and ensuring that all necessary gear is available and in good condition.
 - Supporting any additional tasks as directed by the head coach.

Successful Candidate Qualities:

- **Commitment:** Available for the majority of the season and on a regular, weekly basis. Fall, Spring & Summer
- **Engagement:** Maintain a positive and inspiring presence while coaching.
- **Collaboration:** Work closely with the Head Coach to apply consistent language and techniques with young swimmers.
- **Passion:** Enjoy and excel at engaging with young swimmers.
- **Composure:** Demonstrate patience and calmness in high-energy environments.
- **Qualifications:** SafeSport and CPR certified. Ideally hold USA Swimming coach certifications.
- **Experience:** Experience from either the club or collegiate level.
- **Skills:** Possess strong communication, organizational, and administrative abilities.
- **Dedication:** Show a genuine passion for developing swimmers of all ages.

Physical Ability Requirements:

- Ability to perform tasks that require walking, standing, kneeling, and reaching for long periods of time; ability to perform tasks that require lifting up to 50 pounds; ability to set up and take down pool configuration for practices and/or meets.

Personal Conduct Requirements:

- Follow the Rancho Colorados [Swimmer Code of Conduct](#).
- The Assistant coach must remain unimpaired, alert, and engaged at all Rancho team activities and while in the presence of team members, and refrain from anything that might compromise the safety of Rancho members including, but not limited to the illegal use of drugs and alcohol.
- Have awareness that the status of Head Assistant Coach is a position of leadership at all times and maintain high standards of behavior such as use of appropriate language and demonstrating good sportsmanship.
- Maintain confidentiality of any private or potentially sensitive information gained while working as an Assistant coach including, but not limited to, physical medical conditions, mental health concerns, or learning challenges.

Failure to comply with any aforementioned requirements may lead to dismissal from the coaching staff.

Our Rancho swim team community deeply values and appreciates our coaching staff and their amazing contributions. We want everyone to feel 100% supported. Please don't hesitate to contact us with any questions, concerns or suggestions throughout the season.

Compensation:

Rancho Colorados offers competitive salary based compensation with opportunity for additional commission based income via private lessons, as well as bonus opportunities.

How to apply:

Please send your cover letter and resume to Swim Team Directors
Swim@ranchocolorados.com

Please check out [Rancho Colorados Home Page](#)