



OPP RELAYS

2024

[www.OPPRelays.org](http://www.OPPRelays.org)



**Welcome to the 62nd Annual  
ORINDA PARK POOL (OPP) RELAYS  
June 29, 2024**

The members of the Orinda Park Pool Swim Team are thrilled you have joined us at one of the most fun and exciting events of the swim season. The Park Pool Relays Meet was first held in 1961, four years after the first All-Orinda and a month before the first-ever County meet! This meet is certainly the oldest meet of its type in the area. Only the top five teams from the previous year's Orinda-Moraga Pool Association Championship are traditionally invited to join Orinda Park Pool in this all-relay meet.

We thank all of you for supporting and / or participating in today's meet and want to give a special thank you to Piper Lillquist, who will be singing our National Anthem.

Good luck to all the swimmers and have fun!

## OPP RELAYS OFFICIALS

Swim Team Directors	Kristin Johnston & Sara Jayne Baldwin
Meet Director	Rachel Speirs
Announcer	Joe Gaspardone
Head Starter	Tim Hoskins
Head Stroke & Turn	Dan Kanka
Head Timer	Michael Linscheid
OPP Computer Director(s)	Michael Lasmanis & Peter McCrae
Desk	Dennis Ventry
Records	Lisa Hales*
Parking Director	Sandra Melo
Awards	Shannon Nicholls
OPP Relays Coordinators	Lia Flourney & Carlie Magill

*\*We also want to give a huge THANK YOU to Lisa Hales who continues to support the OPP Relays from afar, we couldn't run this event without you!*

## COACHES

### Orinda Park Pool (PARK):

Head Coach: Brad Allen  
Senior Coaches: Quinn Cavalli, Aidan Vollmar, Erin Byrne, Jamo Wang

### Meadow Swim & Tennis Club (MEAD):

Head Coaches: Kyle Peterson, Amanda Johnson, Gavin Pitt  
Senior Coaches: Grace Clark, Jonathan Williams, Finn McManus, Katie Hayes, Megan Chong, Casey Yung  
Junior Coaches: Ashley Williams, Finn Drasin, Sean Cunningham, Nico Burgoyne

### Moraga Country Club (MCC):

Head Coach: Matt Armanini  
Senior Coaches: Cathay Durden, Kristen Cunnane, Dalen Schnayer, Christian Markey, Cass Rogers  
Junior Coaches: Brock Bliss, Kennedy Bond, Gavin Cameto, Lisa Chartier, Katie Duff, Jack Durden, Mia Durden, Juliette Galizia, JT Goett, Aislinn Hetke, Tess Hire, Mia Kelly, Anika Kesiraju, Sophia Knight, Hazel Krozek, Brooker Landau, Will Maguy, Katia Mediano, Lily Ricksen, Arnav Shinde, Addie Wen

### Moraga Valley Pool (MVP):

Head Coach: Trevor Rose  
Senior Coaches: Ashley Villalobos, Jake Simpson  
Junior Coaches: Justin Cole, Courtney Eddy

### Orinda Country Club (OCC):

Head Coach: Steve Haufler  
Senior Coaches: Morgan Leishman, Ashlyn Fiorilli, Sebastian Sommerset, Colby Hatton, Adriana Smith

### Sleepy Hollow Legends (SH):

Head Coach: Matt Ehrenberger  
Assistant Head Coaches: Kevin Honey, Tony Ravnik, Beth Rodrigues, Kyle Berry  
Junior Coaches: Asha Spitzer, Ava Ranzal, Bailey Ehrenberger, Bea Hearey, Bianca Chiappare, Charlee Spence, Natalie Aiken, Ava Bell, Brody Suba, Joseph Weinreich, Ana Shogan, August Hance, Penny White, Reid Lalli, Ryan Davalos, Savannah Welch, Sophie Baker, Surya Spitzer

# ORINDA PARK POOL RELAYS

## June 29, 2024

<b>WARM-UP SCHEDULE</b>	
Orinda Park Pool	7:30-7:45
Sleepy Hollow Legends	7:45-8:00
Moraga Valley Pool	8:00-8:15
Moraga Country Club	8:15-8:30
Meadow Swim & Tennis Club	8:30-8:45
Orinda Country Club	8:45-9:00

<b>ORDER OF EVENTS</b>	
Events # 1-12	Medley Relay
Events #13-23	Butterfly Relay
Events #24-35	Breast to Back Relay
Events #36-47	Free Relay
Events #48-49	All Age (Progressive Relay)
Event #50-51	Parents' Free Relay
Events #52	Family Free Relay
Event #53	Coaches Medley Relay

2023 Meet Results		
Place	Team	Points
1	Orinda Country Club	504
2	Meadow Swim & Tennis Club	458
3	Sleepy Hollow Legends	356
4	Orinda Park Pool	305
5	Moraga Valley Pool	304
6	Moraga Ranch Swim Club	189

OPP RELAYS MEET RECORDS						
	6&Under		7-8		9-10	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
<b>Medley Relay</b>	Miramonte Swim Club <b>1:31.88</b> MIRA 1990	Orinda Park Pool <b>1:30.48</b> PARK 1990	Sleepy Hollow SH <b>1:12.66</b> SH 2014	Meadow MEAD <b>1:09.93</b> MEAD 2001	Sleepy Hollow SH <b>2:14.42</b> SH 2016	Orinda Country Club <b>2:19.22</b> OCC 2009
<b>Butterfly Relay</b>	Orinda Country Club <b>1:29.08</b> OCC 1988		Sleepy Hollow SH <b>1:07.02</b> SH 2014	Meadow MEAD <b>1:08.16</b> MEAD 1991	Meadow MEAD <b>2:13.23</b> MEAD 2019	Moraga Country Club <b>2:15.20</b> MCC 1991
<b>Breast to Back Relay</b>	Miramonte Swim Club <b>1:42.81</b> MIRA 1990	Miramonte Swim Club <b>1:39.02</b> MIRA 1993	Orinda Country Club <b>1:18.76</b> OCC 2009	Miramonte Swim Club <b>1:16.10</b> MIRA 1997	Meadow MEAD <b>2:27.97</b> MEAD 2019	Orinda Country Club <b>2:33.89</b> OCC 2009
<b>Free Relay</b>	Orinda Country Club <b>1:19.78</b> OCC 1997	Orinda Park Pool <b>1:14.80</b> PARK 1994	Orinda Park Pool <b>1:03.60</b> PARK 1991	Meadow MEAD <b>1:01.66</b> MEAD 2001	Sleepy Hollow SH <b>2:01.13</b> SH 2016	Moraga Country Club <b>2:01.71</b> MCC 1991

<b>OPP RELAYS MEET RECORDS</b>						
	<b>11-12</b>		<b>13-14</b>		<b>15-18</b>	
	<b>GIRLS</b>	<b>BOYS</b>	<b>GIRLS</b>	<b>BOYS</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>Medley Relay</b>	Orinda Country Club <b>2:02.69</b> OCC 2018	Meadow <b>2:03.77</b> MEAD 1998	Orinda Country Club <b>1:57.69</b> OCC 2014	Meadow <b>1:48.85</b> MEAD 2014	Orinda Park Pool <b>1:55.38</b> PARK 2013	Orinda Park Pool <b>1:40.43</b> PARK 2005
<b>Butterfly Relay</b>	Orinda Country Club <b>1:56.24</b> OCC 2013	Sleepy Hollow <b>2:00.34</b> SH 2014	Orinda Country Club <b>1:52.92</b> OCC 2014	Meadow <b>1:45.97</b> MEAD 2014	Orinda Park Pool <b>1:53.37</b> PARK 2013	Orinda Park Pool <b>1:38.63</b> PARK 2005
<b>Breast to Back Relay</b>	Orinda Country Club <b>2:09.32</b> OCC 2013	Orinda Country Club <b>2:13.21</b> OCC 2011	Orinda Country Club <b>2:05.20</b> OCC 2014	Meadow <b>2:01.27</b> MEAD 2013	Meadow <b>2:06.16</b> MEAD 2005	Orinda Country Club <b>1:49.15</b> OCC 2012
<b>Free Relay</b>	Orinda Country Club <b>1:48.10</b> OCC 2013	Orinda Country Club <b>1:48.24</b> OCC 2011	Orinda Country Club <b>1:44.99</b> OCC 2014	Meadow <b>1:35.29</b> MEAD 2014	Meadow <b>1:43.30</b> MEAD 2006	Meadow <b>1:28.68</b> PARK 2005

	<b>GIRLS</b>	<b>BOYS</b>
<b>All Age Progressive Free Relay</b>	Orinda Country Club <b>2:22.84</b> OCC 2014	Meadow <b>2:17.00</b> MEAD 1993
<b>Parents Free Relay</b>	Orinda Country Club <b>1:48.70</b> OCC 2009	Moraga Valley Pool <b>1:33.99</b> MVP 2017
<b>Family Free Relay</b>	Williams Family <b>48.69</b> MEAD 2022	
<b>Coaches Medley Relay</b>	Orinda Country Club <b>1:40.15</b> OCC 2013	
<b>Most Outstanding Relay 2023</b>	15-18 Girls Medley Relay Meadow <b>1:59.57</b> MEAD 2023	15-18 Boys Butterfly Relay Orinda Park Pool <b>1:42.18</b> PARK 2023

## **SCORING**

Points will be awarded for six places as follows: 14-10-8-6-4-2, except for the All Age Relay. The scoring for this special event will be 21-15-12-9-6-3. The Parents, Family and Coaches Relays are not scored. In order to facilitate the scoring of this year's meet with the OMPA meet manager program, if two teams have the exact same time (tie) in an event, they will each receive the average points for the place they tied for and the next lower place.

## **AWARDS**

The winning team will receive a plaque to keep, and their name will be engraved on the perpetual trophy housed at OPP. Ribbons will be awarded for individual first, second and third places. Also, a Most Outstanding Boys Relay and Girls Relay will be chosen and awarded trophies. The Most Outstanding Relay Team is the team that breaks an existing meet record by the widest percentage margin or, if no records are broken, the relay team that is within the smallest percentage margin of a meet record.





## PARKING ADVISORY

Ticketing and towing of cars illegally parked in all areas near the pool is now more aggressive than ever with no warning given. If a car is parked in a manner that another car needs to cross the centerline to get around it, **IT WILL BE TOWED!** There will be 8 to 10 shuttles running throughout the meet and for one hour following the last event to transport people from shuttle bus stops to the pool. You should **drop off swimmers and their gear** at the front gate *after* circling the lot and proceed down El Toyonal to look for parking.

### Where to Park:

Street/Location		Notes	Shuttle Pick Up
Bottom of El Toyonal	East side	Curb your wheels.	El Toyonal & Camino Pablo
Orinda Way	Both sides	Two hour maximum is waived until 2:00pm	Orinda Way & Camino Pablo
Camino Sobrante	Both sides	Do not park in the Safeway Parking lot	Camino Sobrante (Near Starbucks)
Side Streets of El Toyonal		Availability is limited. Allow for Emergency Vehicles to pass. Violators may be towed.	

**Where to Not to Park (Risk of Ticketing & Towing):**

Street/Location	Notes
El Toyonal above OPP	
Narrow parts of El Toyonal	Do not park so that another car needs to cross the center line to get around.
Rio Vista	
Camino Pablo - North of El Toyonal	
Camino Pablo - Bus Stop at El Toyonal	No parking extends 25 feet south of the bus sign. When in doubt, don't – a bus zone ticket is \$260.
Safeway Parking Lot	
Country Club Plaza Parking Lot	

**Please help us preserve OPP's good relationship with its neighbors.** We ask that you not walk through their yards on the way to and from your vehicle.

